



2015 Annual Report



Aging & Disability Resource Center of Portage County

Services for Seniors, Adults with Disabilities, their Families and Caregivers

Lincoln Center
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Stevens Point, WI 54481

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Governance

2015 Commission on Aging/Aging & Disability Resource Center Board

E. John Buzza
James Clark
Chris Doubek
James Gifford
Charles Gussel
Barbara Havlovick
Richard Judy
Judy Ordens
Janet Roberts
Bernice Woitczak

Advisory Councils

Caregiver Support Services

Barb Austin, Susan Barrett,
Jennifer Biadasz, Chris Enslin,
David Ficken, Melissa Fiedler,
Kay Jewell, Nancy Hornick,
Kathy Martinson, Theresa
Rogers

Foster Grandparent Program

Karen Foss, Junie Gesinski,
Sandy Haas, Maureen Miller,
Diane Shaver, Ginny Williams
Julie Rekowski

The Holly Shoppe

Bruce Beaman, Nancy Dassow
Sharlene Falkavage, Jim Geis,
Shirley Kalpinski, Stacia Newby,
Margarita Renteria, Donna
Rossing, Sybil Strupp, Linda
Thurnau, Betty Waltenberg,
Bill Zimdars

Nutrition Services

Rosie Eron, Patti Kilawee,
Ramona Kizewski, Sharon
LaBrie, Jan Lehrer, Georgia
Link, Virginia Ostrowski, Betty
Simon, Barb Zwickey

RSVP

Sister Susan Bunde, Norman
Hale, Karen Kuehl, Georgia
Link, Joe Murin, Thom Ness,
Carol Przybylski, Edward
Severson, Betty Simon, John
Woyak, Warren Zander

Senior Center

Sr. Susan Bunde, Karen
Fadner, John Giles, Nancy
Kemmeter, Sophie Kubisiak,
Karen Phelps, Patti Rous,
Robert Sharafinski, Tim Swiecki

Portage County Transportation Coordinating Committee

David Adamczak, Cheryl Breit,
Mike Clements, Tom Davies,
Chelsey Drifka, Greg Flack,
Cathey Hankison, Susan
Lemke, Sam Levin, James
Limbach, Tanya Mazur, Graig
McFarlin, Karalyn Peterson,
Stan Potocki, Robert Prosch,
Kathy Sankey, Jessica Schmidt,
Kim Vaguiero

Portage County Executive Patty Dreier

2015 Portage County Board of Supervisors

District Supervisor

- 1 Tom Mallison
- 2 Chris Doubek
- 3 Perry Pazdernik
- 4 Mike Wiza
- 5 Jeff Presley
- 6 Marion 'Bud' Flood
- 7 Dan Dobratz
- 8 Tony Patton
- 9 Bo DeDeker
- 10 James Krems
- 11 Stan Potocki
- 12 Don Butkowski
- 13 Donald Jankowski
- 14 James Gifford
- 15 Allen Haga, Jr.
- 16 O. Philip Idsvoog
- 17 Jerry Walters
- 18 Larry Raikowski
- 19 Dale O'Brien
- 20 Charles Gussel
- 21 Jeanne Dodge
- 22 Matt Jacowski
- 23 Barry Jacowski
- 24 Lonnie Krogwold
- 25 James Zdroik

(from the 2015 Portage
County Directory)



Caregiver Support Services

The Aging & Disability Resource Center and Portage County recognizes that support for caregivers will continue to be a growing need here and across the nation.

By the year 2030, more than 21% of Portage County's population will be over the age of 65. More than 80% of long term care services for this population are provided informally by families and friends. Overall 32% of Portage County residents spent time caring for an elderly person, with 30% caring for someone 5 to 10 hours each month.

Number of people served by Caregiver Support Services programs:

- Adult Day Center: 37 participants (9,565 participant hours)
- Volunteer Caregivers of Portage County: 224 Care Receivers, 3,347 services, 99 Volunteers
- Safe & Sound Registry for Wanderers: 73 participants
- National and Alzheimer's Family & Caregiver Support Programs: 96 participants
- Family Caregivers Support Group: 57 participants
- Memory Cafe Attendance: 22 participants
- 99 Volunteer Caregiver program volunteers provided assistance with tasks at home, such as cleaning, cooking, minor home repairs, bathing, writing bills, a ride, and more!.

Education & Support: formal and informal opportunities to learn more about dementia-specific services, general caregiver concerns, skills to survive as a caregiver, and to learn from others with similar experiences.

Respite: a temporary break from caregiving responsibilities to attend school or work, run errands, or just get some time away. Services can be provided at home, away from home, by a volunteer or paid provider, by the ADRC or by referral to another community provider.

In-Home Supports: assistance with things necessary to remain living at home, such as cleaning, cooking, minor home repairs, bathing, shopping, snow removal, etc.

Portage County Dementia Support Network (PCDSN) Partners

Portage County Dementia Support Network launched the Dementia Friendly Community initiative on 12/15/15.

Partners: Aging & Disability Resource Center of Portage County, Alzheimer's Association-Greater WI Chapter, Community Care Connections of Wisconsin, Greater Wisconsin Agency on Aging Resources, Plover Police Department, Portage County Business Council, Portage County Health Care Center, Portage County Health & Human Services, Portage County Sheriff's Office, Recover Health, Stevens Point Fire/EMS Department, Stevens Point Police Department, Stevens Point Transit, TMG IRIS Consultant Agency



Stevens Point Mayor Mike Wiza joins Adult Day Center participants and staff on a field trip to a local pumpkin patch.



Community Resources

Long Term Care Enrollments

Professional Assessment of the ability to perform daily tasks; includes the administration of the Long-Term Care Functional Screen, Options Counseling, and enrollment into publicly funded programs.

- Long-Term Care Functional Screens: 154
- Enrollments into publically funded long term care programs: 125

Information & Assistance

Information & Assistance Specialists meet with people to discuss their needs and explain services available from the ADRC and within the community to meet an individuals specific needs and provide assistance to obtain these services.

- People served: 839
- Contacts with community members: 3,320

Disability Benefit Specialists

Benefits Counseling for adults ages 18 to 59 with physical disabilities, intellectual disabilities, mental illness and substance abuse disorders.

- People served: 200
- Financial impact: \$2,732,170

Elder Benefit Specialists

Red Tape Cutters is another name for the elder benefit specialists who are trained to help people 60 and older who are having problems with private or public benefit programs and assist with Medicare Part D enrollment.

- People served: 930
- Financial impact: \$4,347,305

Loan Closet

Assistive Equipment and other items are available at no charge to Portage County residents who have a need for them. Donations are welcome.

- People served: 1,117
- Items lent to community members: 1,662

2015 Key Point

Biennial Budget - Beginning in February 2015 the Community Resource Center Staff along with the Commission on Aging/Aging & Disability Resource Center (COA/ADRC) Board and other concerned citizens of Portage County began advocacy efforts due to the proposed changes to Long-Term Care in Wisconsin. Staff and community members attended listening sessions, press conferences, a Joint Finance Committee Hearing, and worked with their State Legislators to share their personal stories and provide input on the redesign of Long-Term Care in the state. In addition to these efforts, the COA/ADRC Board and the County Board of Supervisors passed a resolution for the continued support of Aging & Disability Resource Centers.



ADRC Director Cindy Piotrowski holds the mic while a consumer testifies during the Family Care/IRIS press conference held at Lincoln Center on March 31, 2015.



Nutrition



The Senior Nutrition Program assists seniors to remain independent and live successfully in their own homes. By providing opportunities for socialization and volunteerism, the program helps ensure community engagement and a positive mental outlook. Hot meals supplying 1/3 of the daily requirements optimize nutritional health which in turn reduces frailty during the aging process. In addition, involvement in the programs provides easy access to community supportive services.

The ADRC program operates six senior dining sites and coordinates home delivery of meals throughout the county. Home delivered meals in Stevens Point and Whiting are provided by Meals on Wheels of Stevens Point, Inc.



Food, fellowship and fun at the senior dining site.

	Meals Served	Participants
ADRC Senior Dining Sites	25,865	1,260
ADRC Rural Home Delivery	27,041	220
*Meals on Wheels of Stevens Point	30,943	249

Senior Dining Sites

Lincoln Center; Hi-Rise Manor; Jensen Center, Amherst; Park Lodge, Junction City; Plover Municipal Building; Faith Lutheran Church, Rosholt

Volunteer Hours in 2015	Volunteers	Hours
Nutrition Program	199	4,699

*Meals on Wheels of Stevens Point is an independent agency that receives funds from the Portage County Nutrition Program

Program Highlights

In a 2015 survey of Senior Dining site participants, 97% reported increased opportunities for socialization, 93% maintain a healthier diet due to their attendance, and 89% stated that attendance increases awareness of other community services. Of home delivered participants, 94% felt the meals helped them remain independent and living in their own home. Additionally, 98% reported maintaining a healthier diet with the home meals and 95% are satisfied with the meal and delivery service.

In addition to 49,820 personally served/delivered meals, the ADRC provided 120 in-home assessments and 176 wellness checks during bad weather or following an acute illness. Of reported outcomes, 147 referrals were made to community supportive services and 182 interventions were made to avert or respond to health and safety issues.

In 2015, 199 volunteers provided 14,699 hours of service. These volunteers help with the service and cleanup of meals at the dining sites, delivery of home meals (on rural roads and in all weather), assist with recreational programs, and help with planning and administrative tasks.



Senior Center

Evidence-Based Health Programs

2015 Highlights

- Ten Evidence-Based Workshops were held with 126 total participants.
- Two of the ten workshops were held in partnership at community locations, Jensen Center in Amherst and Portage County Health Care Center.
- The Arthritis Foundation Exercise Program (AFEX) is ongoing on Tuesdays & Thursdays.
- Four new Evidence-Based volunteer leaders were trained.
- New partnerships were developed with local health agencies.
- The Live Well, Live Long Coalition continued to meet regularly in 2015. The goal of Live Well, Live Long Coalition is to help Portage County residents lead healthier lives by increasing awareness and providing access to evidence-based fall prevention and chronic disease management programs. Live Well, Live Long Coalition hosted Falls Prevention Awareness Day on September 22, 2015 with 71 participants from the community.



The Holly Shoppe

The purpose of The Holly Shoppe is to help facilitate a sense of meaningfulness and a better quality of life through craftwork and a variety of volunteer opportunities. It offers an income supplement and a guided entry to other services of the Aging and Disability Resource Center, including advocacy and referral when appropriate. The Holly Shoppe provides an exclusive artists' outlet for Portage County residents 55 years of age or older and adults with disabilities.

- The program has 87 active volunteers who generously contributed 5,327 hours of service.
- 102 crafters registered 7,771 hand-crafted items in 2015. 66 special orders for customers seeking more customized merchandise were filled, totaling \$1,703.
- Total sales for the store were \$38,868. Payments to artisans and crafters were \$29,384 and store commission was \$9484.
- The 16th Annual Plant Sale fundraiser was held in May and raised \$7,525.
- Other fundraisers: January rummage sale \$2,621; spring bake sale \$525; June rummage sale \$1,433; fall bake sale \$919.
- Special events and off-site sales: Spring AIG \$650; Art in the Park \$786; Fall AIG \$851; Fall Open house \$850; Tinsel Trail \$863.

New Manager, Candis Schneider, began September 1.

The Strategic Planning Committee re-grouped in the fall and worked with Corporation Council to submit Articles of Incorporation and will continue to work toward establishing 501(c)(3) status and transitioning to a partnership with the ADRC.

The Holly Shoppe is funded by a variety of sources, including participant donations, membership fees, commission from sales, endowment fund interest, memorial donations and fundraising.



Senior Center

The Mission of the Senior Center is to offer Portage County seniors, adults with disabilities, and caregivers a diverse selection of educational, health, creative, recreational classes and activities, and volunteer opportunities. Lincoln Center partners with a host of community groups and prides itself with offering a wide array of programs and services.

2015 Statics:

- 1,807 people participated in Senior Center programs, activities, and events
- 54 were new participants
- 167 choices of classes and activities were offered
- 106 individuals contributed 4,506 volunteer hours to the Senior Center

New Classes/Activities/Programs: Several new classes, programs and activities were offered, including an exercise class at Plover Senior Dining Site, games, and a presentation on World War II.

Technology Expo: this computer technology open house is developed, organized, and conducted by students in information technology customer support classes at Mid-State Technical College in Stevens Point. The event is held annually on the first Friday in November at Lincoln Center. Topics include digital cameras and photo imaging, networking, home computer maintenance and security, Facebook and mail merge. MSTC Students are available at the Expo to answer questions and give a brief overview of their topics.



One-on-one tutoring at the Technology Expo, left, Chip Carving class participants, right, and exercise class in session, below.





Transportation

Aging & Disability Resource Center Transportation services are more than just a ride. The face-to-face personal contact between drivers and participants have developed relationships that go beyond the trip and into each others' lives. The drivers also provide a safety check to a person who may be frail or isolated. In some instances, this may be the only contact the person has that day.

2015 Statistics

- Bus Trips- 11,786
- Volunteer Driver Escort trips- 3,350
- Taxi trips- 2,394
- DAV/VTS trips- 1,156
- Total Trips- 18,686

ADRC Bus

- 6,691 rides and 322 special event trips to Dining sites, home-delivered meals, shopping, Adult Day Care Center & more

Volunteer Escort Driver Program

- 28 active drivers who drove 133,386 miles and contributed 5,538 hours.
- 6 volunteer coordinators & 1 office volunteer who contributed 855 hours.
- 795 individuals used the ADRC for transportation.
- Coordinated 820 Point Plus trips, 2,701 Point Transit trips, 2,394 taxi trips, and 1,156 Disabled American Veterans (DAV) & Veterans Transportation Services (VTS) trips.



The focus of the ADRC transportation program remains on coordination of services and service options for all our participants, fostering independence and quality of life. Through Mobility Management Portage County is the first and only volunteer wheelchair accessible vehicle to operate in the DAV/VTS program, allowing 69 veterans in wheel chairs transportation to VA medical facilities tripling the amount of service and braking down county barriers. Mobility Management continues to develop new ways (Model) of providing service for our community by developing partnerships with service providers and stakeholders throughout the county and beyond.



Volunteer Services

Foster Grandparent Program

The Foster Grandparent Program, a program of the Corporation for National and Community Service, places older adults in schools and Head Start, to serve children who need extra help. Income eligible participants volunteer 15-20 hours a week and are paid an hourly stipend that is considered a reimbursement for volunteer expenses.

- 26 Foster Grandparents provided 18,712 hours of service and earned \$49,586.39 in stipends.
- The Foster Grandparents helped students in 11 schools and one Head Start location throughout Portage County including the villages of Almond, Bancroft, Amherst, Junction City, Plover, and the city of Stevens Point.
- Pre- and post-evaluations showed that 96% of the children with whom the Foster Grandparents worked improved in the areas of academic gains (literacy/reading, math) or academic engagement (social skills, life skills, behavior).

In 2015, the Foster Grandparent Program celebrated its 50th anniversary. More than half of the Foster Grandparents from Portage County attended the 50th Anniversary Conference on May 20-21 at the Concourse Hotel in Madison.

RSVP

In 2015, 584 RSVP Volunteers provided service to our community by helping 67 non-profit agencies achieve their missions. These amazing volunteers provided 48,268 hours of service in 2015 helping to enhance and support our community and those that call Portage County home.

- RSVP volunteers assisted more than 800 Individuals to complete their taxes
- 450 individuals received a warm noon meal delivered by an RSVP volunteer
- 3,500 rides were provided to individuals in need by RSVP volunteer escort drivers
- 1,100 veterans received rides from RSVP Disabled American Veterans (DAV) drivers
- RSVP volunteers helped to ensure that more than 900 families received emergency food supplies
- RSVP volunteer reading tutors helped 125 students in local schools to improve their reading skills
- 550 students were encouraged to make better decisions regarding drugs and alcohol as a result of the Beginning Alcohol and Basic Education Studies (BABES) presented by RSVP volunteers



Contributions

\$100 or more

Community Resources/Benefit Specialists

Irene Lewis - in Memory of
Jerome & Gertrude Przybylski

The Holly Shoppe

Karen Fadner

Loan Closet

Lee Jenkins
Irene Lewis - in Memory of
Jerome & Gertrude Przybylski
In Memory of Carol Schultz
Wysocki Produce Farm, Inc.

Nutrition

Irene Lewis - in Memory of
Jerome & Gertrude Przybylski
Hank & Margaret Yorkers
Amherst Lioness
Bushmans, Inc.
Plover Area Business Association
Rosholt Lions Club
Saint James Altar Society

RSVP

Disabled American Veterans

Senior Center

Family & Friends - In Memory of Mary Pionkowski
In Memory of Marion Kinney
Family & Friends - In Memory of Evelyn Fabisiak
Lincoln Center Bridge Players

Transportation

Irene Lewis - in Memory of
Jerome & Gertrude Przybylski

Volunteer Caregivers of Portage County:

Penny & Ed Bancker
Judie Bond - In Memory of Edie Krause
Richard & Helen Christofferson
Tom & Cindy Eagon - In Honor of Our Parents
Betty Ermatinger - In Memory of Jeff Ermatinger
Margaret Faber - In Memory of Conrad Faber
Stephen Faber
Rose Jirous
Dick & Mary Lou Judy
Lois Knope
Pete & Jeri Kopecko
Daniel & Janet Kortenkamp
Dan & Donna Marx
John & Patricia Noel
Carol & Dick Okray
Germaine Okray
Nancy Page
Don & Tina Peters
Emily Polum Family - In Memory of Emil Polum
Dale & Annette Schuh
James & Martha Schuh
Rosemary Varney
James & Deborah Weishan
Anonymous Donations
In Honor of All Volunteer Caregivers
In Honor of Hortense Bergin
In Memory of Henry Bergin, Willard Schnur,
Antonia Schnur

Alzheimer's Committee Greater Plover Area

VFW Post 10262
Delta Dental of Wisconsin
Dental Health Center, S.C.
Edward J. Okray Foundation
Nelsonville Lutheran Church
Saint Joseph Parish
Saint Peter's Congregation
Saint Stanislaus Kostka Parish
Stevens Point Junior Woman's Club
Trinity Women of the E.L.C.A.
Woodlands Church



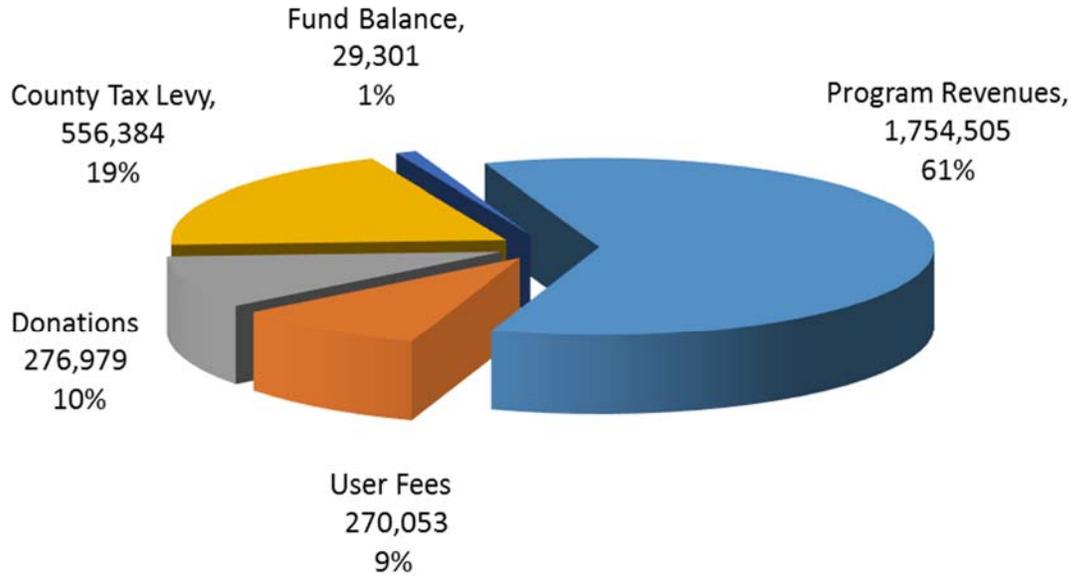


2015 ADRC Budget Summary

COMBINED ACCOUNTS

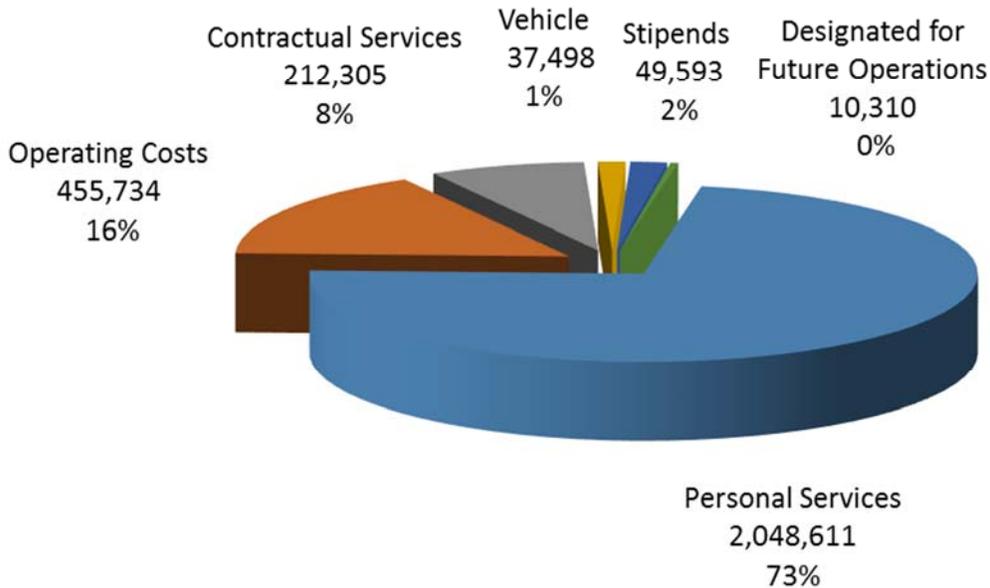
Revenues

Total = \$2,887,222



Expenses

Total = \$2,814,051



Aging & Disability Resource Center of Portage County



Lincoln Center
1519 Water Street
Stevens Point, Wisconsin 54481

Monday – Friday 7:30 A.M. to 4:30 P.M.

Voice: (715) 346–1401 or
1–866–920–2525
TTY: (715) 346–1632

adrc@co.portage.wi.us

www.co.portage.wi.us/adrc

Mission Statement

The mission of the Aging & Disability Resource Center is to support seniors, adults with disabilities, and their families and caregivers by offering easy access to services and by fostering a caring community that values lifelong contributions, maximum independence, and individual dignity.

Portage County provides employment and services to any eligible person without regard to age, race, religion, sex, national origin, sexual orientation, handicap, color, marital status, physical condition, developmental disability, or ability to pay.

Funding for services is provided through grants and allocations from federal, state and county governments, the United Way of Portage County, underwriting by local businesses, private contributions, and participant fees and donations.

Services

Community Resources

Benefits Counseling
Chore Provider Coordination
Elder/Domestic Abuse Referral
Falls Prevention Assessments
Family Consultations
Housing Referral
Information & Assistance
Long-Term Care Functional Screening
Options Counseling
Supportive Home Care Referral
Transitional Youth Services

Nutrition Services

Senior Dining Sites
Home-Delivered Meals

Caregiver Support Services

Adult Day Center
Dementia Friendly Community Initiative
Memory Screening
Volunteer Caregiver Program

Transportation Services

Rides to senior center, dining sites, Adult Day Center, volunteer work stations, grocery shopping, medical appointments

Senior Center

Educational Programs
Evidence-Based Health Programs
Recreation and Social Events
Health and Exercise Programs
Creative Classes and Activities
The Holly Shoppe

Volunteer Resources

RSVP
Foster Grandparent Program

Other Services

Adaptive Equipment Loan Closet
Newsletter (“The Post”)
Project Lifesaver
Telecare Telephone Reassurance
Safe & Sound
Support Groups
Vital Information Program