

# Stuck on Fruits & Veggies



Eat a colorful variety of fruits and veggies  
from all 5 color groups every day!

Draw, write or collect the price look-up (PLU) stickers from each piece of fresh fruit and veggie you eat in the next 2 weeks.



**fit families**

Fit Families 2015-16

**Name:**

This institution is an equal opportunity provider and employer. This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP. The Supplemental Nutrition Assistance Program (SNAP) provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact your local Fit Families project.