



Addressing Grief and Loss in Foster and Adoptive Children and Families

Foster Care & Adoption always begins with loss. Grief is inherent, although when and how children experience, express, and process their grief varies substantially. When parents, professionals, therapists and other helpers honor the grief inherent in foster care & adoption and understand the complexities of their losses, we open ourselves up to being more fully present for children to process their grief. This workshop will cover the losses inherent in foster care and adoption, grief related to adoption (including ambiguous loss), understanding why children grieve for abusive and neglectful families, supporting children through big, confusing, and overwhelming feelings, and how to notice if our own feelings may be being triggered and preventing us from being fully present for children. We will also cover how adults can best support children and families when children are inevitably transitioned... sometimes with little notice. Robyn is an engaging, connected, and humorous presenter, and attendees report feeling relieved that a heavy topic was covered in a way that left them feeling confident and not overwhelmed, yet aware of the complexities in grief and loss in foster care and adoption.

This year's conference will be virtual, but you will have opportunities to engage with the other participants online. We will take plenty of breaks, including a lunch break, within our time together. The conference will utilize Zoom-attendees will need access to the free app (available either on a smart phone or computer) and audio/video capabilities.

Robyn Gobel, LCSW, LMSW, RPT-S is a licensed psychotherapist turned speaker, trainer, writer, and consultant. Formerly the founder of the Central Texas Attachment & Trauma Center, Robyn now lives in Grand Rapids, MI. Robyn is currently on therapist-sabbatical and focusing her time on growing and supporting helpers, healers, & educators who are focused on being with clients (especially those with complex trauma histories) in an embodied, resonant, and deeply present way. Robyn has been told that some of her greatest superpowers are her ability to be with people in a way that makes them feel seen, gotten, heard, and deeply cared for. It's hard to imagine anything else being more important.

*If cost is a barrier to attending, please contact us at judi@wisapsp.org as a limited number of scholarships will be available for this conference.

EVENT REGISTRATION

A Place in My Heart Conference: Grief and Loss in Adoptive/Foster Families

DATE:

Saturday, November 7, 2020

TIME:

9:30 am-2:00 pm

LOCATION:

Online Event

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