

DINING SITE MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Roasted pork w/ apple glaze Peas Baked <i>potato w/sour cream</i> Pears Dinner roll 	3 Basil crusted chicken Whole grain pasta Roasted tomato sauce Warm corn and zucchini salad Mandarin oranges 	4 Garlic thyme roast Whipped <i>potatoes</i> Green beans Peaches Roll Gelatin 	5 Sliced turkey Gravy Rice Brussel sprouts Mixed fruit Pumpkin bar	6 Tuna and noodle casserole Roasted beets Crackers Creamy grape salad
9 Honey Dijon chicken Glazed carrots Broccoli Pineapple tidbits Slice of whole grain bread w/butter	10 Pork with apple chutney Roasted <i>cauliflower</i> Mushroom brown rice Chef choice fruit 	11 Pulled BBQ Chicken sandwich Coleslaw Baked beans Banana	12 Pasta with meat sauce Whole grain noodles Wax beans Red gelatin with pears Garlic breadstick	13 Eggs with vegetables Roasted sweet potato Warm applesauce Raisin bread Dessert
16 Oven roasted chicken with mushroom gravy Egg noodles Green beans Butternut squash Mandarin oranges	17 St Patty's Day Menu Corned Beef Red Potatoes Cabbage Carrots Irish soda bread Green gelatin	18 Zesty taco bake Spanish rice Roasted black bean and <i>corn</i> salsa Grapes 	19 Chicken jambalaya Rice <i>Corn</i> Wilted spinach Peaches 	20 ROSIE RIVETER DAY Lemon Pepper Cod Garlic <i>mashed potatoes</i> Roasted broccoli Blueberry crisp or cobbler 
23 Roasted pork with mustard sauce Brussels sprouts Roasted sweet potatoes Biscuit Mixed fruit	24 Chile lime chicken Lettuce & tomato Tortilla Roasted black bean and corn salsa Pineapple tidbits	25 Swedish meatballs Egg noodles Snap peas Herb potato salad Chef choice fruit	26 Chicken pot pie with <i>vegetables</i> Asparagus Cranberry apple crisp 	27 Baked cod Lemon butter sauce Parsley <i>red potatoes</i> Corn Rye bread Banana 
30 Meatloaf Gravy Whipped <i>potatoes</i> Green beans Whole grain roll Peaches 	31 Hunters stew Egg noodles Glazed carrots Peas Tropical fruit with strawberries	Local foods logo is shown when locally grown items are featured on the day's menu. Come join us, and enjoy the taste of foods grown in the heart of Wisconsin. Using local foods supports local farmers, improves the nutrient content of the food, and saves resources. 		<h2 style="text-align: center;">March 2020</h2> <p style="text-align: center;"><i>Menu subject to change</i></p>

Nutrition Program Senior Dining Menu for dining sites and home delivered meals. All meals include coffee, tea and choice of milk. **Suggested donation is \$4.00 for people 60 or older.** No eligible participant will be denied a meal based on ability to contribute toward the cost of the meal. Rides are available to dining sites; to request a ride please call (715)341-4490.

Call and talk to a site manager to learn more about this program available to all seniors in the community.
 Lincoln Center 715-346-1401 Hi-Rise 715-347-4812 Rosholt 715-572-8918
 Amherst 715-347-4856 Junction City 715-347-4856 Plover 715-347-0365